

Intake & Information

For more information or to book an appointment, please call the Intake Desk closest to you:

Oakville

Head Office

165 Cross Avenue, Suite 203
Oakville, ON L6J 0A9
P: 905-847-6547 ext.0
F: 905-847-8959

Burlington

Burlington Mall, Office Galleria
777 Guelph Line, Suite 214
Burlington, ON L7R 3N2
P: 905-639-6537 ext.0
F: 905-639-6880

Milton

217 Main Street East
Milton, ON L9T 1N9
P: 905-693-4250 ext.0
F: 905-876-1978

Georgetown

83 Mill Street, Suite 202
Georgetown, ON L7G 5E9
P: 905-873-2993 ext.0
F: 905-873-2130

Acton

42 Mill Street
Acton, ON L7J 1H2
P: 519-853-8222 ext.0
F: 519-853-8089

www.haltonadapt.org

Concurrent Disorders Services

Counselling services are available one-to-one with a concurrent disorders counsellor to assess, offer treatment and make appropriate referrals. In addition specialized concurrent disorders programs are available and include:

- Health and Hope I and II Group Programs
- Halton Homes, Supportive Housing Program
- Phoenix Program - First Episode Psychosis
- Halton Geriatric Mental Health Outreach Program (HGMHOP)
- Employment & Social Services (OW)

Community Justice Program

The Community Justice Program provides assessment and counselling services to individuals involved in the judicial system who are bound by a Probation Order and identified by the Court or their Probation Officer to be experiencing concerns regarding their alcohol and/or drug use. Additional programs include:

- Pre-charge (EJM) diversion
- Post-charge(EJS) diversion
- Supervision of Adult Community Service Orders

Back on Track - Host Site

- Ontario's remedial measures program for impaired drivers.
- There is a fee for this program.



We can help

*Free & Confidential
counselling and
support is just a
phone call away!*

ADAPT is a non-profit, community-based agency funded by the Ministry of Health & Long Term Care, the Ministry of Children and Youth Services, the Ministry of Community Safety and Correctional Services, and the United Way to provide a range of services throughout the Halton Region.

**Serving Halton
since 1975.**

www.haltonadapt.org



Our Programs & Services

ADAPT is a community outpatient addiction treatment agency providing support and services to anyone whose life has been affected by drugs, alcohol or problem gambling concerns.

Our approach to treatment involves the use of a range of individual and group counselling services.

All services are **FREE, CONFIDENTIAL, SUPPORTIVE, CLIENT-CENTRED** and available throughout the Halton Region.

Where do I begin?

Service at ADAPT begins with an assessment to explore the effects of alcohol, drugs and/or gambling on all aspects of one's life. This comprehensive assessment determines the extent of any problems/concerns and identifies an individual's strengths, challenges and goals.

Adult Addiction Program (AAP)

The Adult Addiction Program (AAP) provides support to individuals, families and communities who want more information about drugs and/or alcohol or have specific concerns regarding their alcohol and/or drug use. Services include:

- Individual counselling, treatment planning & support
- Family and/or couples counselling
- Education & support groups
- Workshops & community presentations

Addiction Supportive Housing (ASH)

ADAPT's Addiction Supportive Housing program (ASH) meets the needs of individuals who are in an early phase of stable recovery from substance use and would benefit from intensive addiction case management and safe, affordable housing.

Youth Services

ADAPT Youth Services are available to anyone whose life has been affected by their own or someone else's substance use. Services are available to youths 24 years of age and under, as well as their supports.

Youth Programs include:

- Days Ahead Program
- Know the D.E.A.L. Program
- Transitional Aged Youth Outreach Program (TAYOP)
- Parent Education Group (PEG)
- Services for 18-24 year olds on probation or parole

Family and Friends Programs

Programs are available for family members or significant others who are concerned about someone else's drinking, drug use and/or problem gambling. The person does not have to be an ADAPT client for family members to access this service.

Problem Gambling Services

Our trained Problem Gambling counsellors provide ongoing support to clients who are struggling with gambling-related issues. Services are also available to significant others and family members.

Problem Gambling Day Treatment

A 5-day treatment program focused on gambling-specific issues. Through education and support we strive to assist clients in building a foundation for healthy, long-term lifestyle changes. This program is available throughout Ontario.

Community Withdrawal Management Services (CWMS)

CWMS offers an alternative to residential withdrawal management (detox) for individuals who can safely withdraw from alcohol and/or other drugs in a supportive home or community environment.

"Making the call for help was the toughest step in changing my life for the better."

ADAPT is dedicated to empowering persons with alcohol, drug or gambling concerns, and their families, to manage these concerns and lead more fulfilling lives through the provision of comprehensive assessment and treatment services corresponding to need.